SUPERIOR FIRE RESISTANCE
Glulam

Because of its beauty, strength and ease of construction, wood has long been in demand as a building material. Today, structural glued laminated timbers (known as glulam) offer additional reasons to select wood as a structural material.

Glulam is fabricated using individual pieces of high-strength, kiln-dried lumber, laminated together under pressure to form large timbers that retain the traditional beauty of wood along with engineered strength, extraordinary fire resistance, thermal efficiency, and dimensional stability. Glulam is typically manufactured using Douglas fir, Hem-Fir, Southern pine, Spruce-Pine-Fir, Alaskan Yellow cedar and Ponderosa pine. These large, laminated timbers can be fabricated in almost any straight or arched configuration for long-span conditions. This allows for the design of large, open spaces with minimal columns. Long-length glulam are appropriate for complete structural systems in many types of buildings including churches, gymnasiums, auditoriums and recreational spaces. Everyday uses in smaller buildings include ridge beams, garage door headers, door and window headers, long-span girders, stair treads and stringers, and heavy timber trusses.
Efficient, Cost-Effective Fire Protection

In the United States, the use of glulam is widely accepted as one of the most efficient and least expensive ways to meet the recognized criteria for fire protection as set forth in the U.S. model building codes.

Advances in test methods and fire technology have increased our understanding of how glulam responds to fire exposure. This knowledge, in turn, has led to the development of design procedures that further improve fire performance.

**FIREPROOF VERSUS FIRESAFE**

Fireproof buildings do not exist. The contents are combustible. As such, it is usually a building’s contents and not its structural components, which pose the greatest potential fire hazard to life and property. Fire occurrences in the contents of so-called “fireproof” buildings can be so severe that a building constructed with non-combustible framing can collapse.

The fire in Chicago’s McCormick Place exhibition hall is a classic example. All structural members of this large exhibition hall, including interior non-bearing walls, were constructed of non-combustible materials. In 1967, a fire quickly spread through the contents of the hall, generating temperatures so high that steel beams, girders and trusses buckled in the heat and the entire roof collapsed. The building was a total loss at a cost of $150 million.

With this lesson and others, the goal has become “firesafe” design, rather than “fireproof.” This goal can be achieved with combustible structural materials as long as building code regulations are met. In addition to structural materials, considerations include the combustibility of contents and furnishings, interior finishes, the degree of protection provided by interior sprinklers, and the availability of adequate firefighting equipment. A reliable smoke detector with an alarm system and easily accessible exits are also vital in protecting a building and its occupants.
Guide to Fire Performance

PERFORMANCE OF LARGE TIMBERS IN FIRES
When exposed to fire, wood retains its strength for a longer period of time than metal. Unprotected metals quickly lose their strength and collapse suddenly, often with little warning. In contrast, wood loses strength slowly and only as material is lost through surface charring.

Average building-fire temperatures range from 1290º to 1650º Fahrenheit. Steel weakens dramatically as its temperature climbs above 450°F, retaining only 10% of its strength at about 1380°F.

As a rule, wood will not ignite until it reaches a temperature of around 480°F. Once it catches fire, wood typically develops char at the rate of \( \frac{1}{40} \) inch per minute under an ASTM E-119 fire exposure. The char naturally insulates the wood and raises the temperature level it can withstand. Thus, in a 30-minute fire, only \( \frac{3}{4} \) of an inch of each exposed surface of the glulam is lost to charring, leaving most of the original cross section intact.

CONSTRUCTION APPROACHES
Buildings constructed with large structural timbers have excellent fire-resistive qualities. U.S. model building codes recognize these qualities and provide guidelines for fire-resistive, heavy timber construction approaches. Two distinct approaches are included in the codes: Heavy Timber Construction and Fire Resistant Construction.

Heavy Timber Construction
Heavy timber construction has been recognized by the model building codes for many years. To meet the requirements of Heavy Timber Construction, limitations are placed on the minimum size, including depth and thickness, of all load-carrying wood members. Other requirements include the avoidance of concealed spaces and the use of approved construction details. When properly sized, glulam meets the requirements of Heavy Timber Construction.

The performance of heavy timber structures under fire conditions is markedly superior to most unprotected “non-combustible” construction. Fire fighting is easier and safer due to the elimination of concealed spaces and the inherent structural integrity of large laminated timbers.
Fire-Resistive Construction

Fire resistance is the length of time a structural member can support its load before collapsing. The goal of fire-resistive construction is to provide adequate fire resistance for occupants to evacuate the building safely.

The standard test for measuring fire resistance is the American Society for Testing and Materials (ASTM) Test Method E-119. Ratings of assemblies (including beams, walls and floors) are determined by test procedures that approximate actual fire conditions.

The results of ASTM fire tests for building assemblies, sponsored jointly by the American Forest & Paper Association and the American Institute of Timber Construction (AITC), enable designers to calculate specific fire ratings for glulam members. Calculations are based on a consideration of member size, degree of fire exposure, and loads on the member.

Additionally, fire-resistance ratings for glulam beams require lay-up modifications. For example, a simple span glulam beam having a cross section of 6 3⁄4" x 13 3⁄2" and exposed to fire on three sides can be sized for a one-hour fire rating. To qualify for this rating, an inner or core lamination is removed from the beam at the time of manufacture and replaced by adding an additional tension lamination to the bottom of the beam as shown in the figure above.

For additional information related to calculating a fire rating for heavy timber members, please refer to AITC Technical Note No.7 Calculation of Fire Resistance of Glued Laminated Timbers (www.aitec-glulam.org) and to AF&PA Technical Report 10 Calculating the Fire Resistance of Exposed Wood Members (www.awc.org).

ABOVE (middle): Typical glulam beam enveloped in flames during standard ASTM E-119 fire test.

ABOVE (bottom): Typical glulam beam following fire testing: the outer surface of the beam has charred while the inner areas remain unburned. The charred outer material acts as an insulator during fire, reducing the rate at which the inner material will burn.
Other Fire-Resistance Considerations

**FIRE-RETARDANT TREATMENTS AND COATINGS**
Pressure impregnated, fire-retardant treatments are not recommended for large timber or glulam construction. These treatments do not increase the fire-resistance rating of the large timber or glulam.

Fire-retardant chemicals reduce the design properties of the wood. In addition, for engineered wood products, the treatments may not be compatible with the adhesives used. The designer is cautioned to verify the effects of fire-retardant treatments (with the supplier) on the strength and performance of any wood product prior to specifying.

Fire-retardant paints and stains can effectively reduce flame spread when properly applied. While typically applied to large expanses of interior wood surfaces such as panel products, they can be applied to timber members when a specific flame-spread rating is required per design regulation. However, it is important to understand these coatings do not increase the fire-resistance rating for large timber or glulam members.

**SPRINKLER SYSTEMS**
Automatic sprinkler systems have an excellent record of improving fire safety and reducing losses. Many fire codes require that automatic sprinkler systems be installed in larger commercial buildings, and in some cases, added to existing buildings.

Such sprinkler systems may improve the fire-resistance and flame-spread ratings for a building's structural system. As a result, an additional story of height or an increased building area may be permitted (by the codes) for buildings with sprinklers. Sprinkler systems also reduce insurance premiums—with the result that a sprinkler system often pays for itself within a matter of years, depending upon the value of the building and its contents.

**FIRE INSURANCE RATES**
Most insurance companies recognize the excellent fire resistance of heavy timber construction and adjust their insurance rates accordingly. However, in some cases, insurance premiums for “noncombustible” construction may be lower than for heavy timber construction. In such instances, the reduced cost of glulam construction generally offsets any additional insurance cost.

In addition, the more expensive construction methods required for noncombustible materials increase the cost of financing a project. Increased financing costs generally exceed any potential savings on insurance. Thus, using more expensive construction methods in order to gain lower insurance rates may actually result in increased overall costs.

**INCREASING ALLOWABLE AREAS FOR HEAVY TIMBER CONSTRUCTION**
Building codes place height and area limitations on buildings to safeguard building occupants. While wood construction is typically assigned the lowest, basic allowable heights and areas, the model building codes also provide many options for increasing allowable areas. The following suggestions address some of the ways increased allowable areas for wood construction may be obtained:

1. Provide one-hour fire-resistive ratings for structural members and assemblies.
2. Install automatic sprinkler systems.
3. Maintain building separation where possible.
4. Seek unlimited areas, where appropriate for specific building occupancy uses, by providing open spaces around the building combined with the use of automatic sprinklers.
5. Install properly constructed area separation walls with protected openings.
Quality Control and Inspection

AITC provides Quality Marks and Certificates of Conformance to licensed glulam manufacturers. Only AITC-licensed glulam producers are permitted to use these Quality Marks and Certificates to identify products conforming to ANSI/AITC A190.1.

AITC’s Quality Control and Inspection Program for structural glued laminated timber works to:
• Standardize production, testing, inspection, identification, and certification of structural glued laminated timber.
• Improve economies through wider utilization of standards.
• Ensure the manufacture of reliable products.

The Program consists of three basic elements:
• Licensing of qualified glulam manufacturers whose personnel, procedures and facilities comply with the requirements of the American National Standard for Wood Products—Structural Glued Laminated Timber—ANSI/AITC A190.1.
• Continuous maintenance of the qualified manufacturer’s quality control system in accordance with ANSI/AITC A190.1.
• Periodic inspection and verification, by the AITC Inspection Bureau, of the licensed laminator’s quality control system, procedures and production.
ABOVE: Glulam are a popular choice for the structural systems in recreational spaces. Boathouse, Princeton University.

FRONT COVER: Glulam may be fabricated in variety of configurations to meet specific design requirements. Public Library, Beaverton, OR.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:
American Institute of Timber Construction
7012 S. Revere Parkway, Suite 140
Centennial, CO 80112
USA
tel: (303) 792.9559
fax: (303) 792.0669
email: info@aitc-glulam.org
website: www.aitc-glulam.org